

# Sides & Starters

## Avocado-Yogurt Dip

Scoop flesh of 5 ripe **avocados** into a bowl and mash until smooth. Add 1½ cups plain **Greek yogurt**, juice of ½ **lemon** and **salt** to taste. Stir well. Stir in 1 (12-oz) jar **roasted red peppers**, drained and chopped, reserving 1 Tbsp for topping. Refrigerate. Spoon into a serving bowl; top with reserved red peppers and 1 Tbsp chopped **walnuts**. Serve chilled with **chips**. **Makes about 3 cups**



Great  
with  
sweet  
potato  
chips!